

Urinary Incontinence Resources List

Prepared by the Dana Medical Library for the
Community Medical School,
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Ellsworth, Pamela and David A. Gordon. 100 Questions & Answers About Overactive Bladder and Urinary Incontinence. Boston: Jones and Bartlett Publishers, 2005.

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Food and Drug Administration—Controlling Urinary Incontinence
http://www.fda.gov/fdac/features/2005/505_incontinence.html

Genadry, Rene and Jacek L. Mostwin. A Woman's Guide to Urinary Incontinence. Baltimore: Johns Hopkins UP, 2008.

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Newman, Diane Kaschak. Managing and Treating Urinary Incontinence. Baltimore: Health Professions Press, 2002.

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Mayo Foundation for Medical Education and Research--Kegel Exercises: How to Strengthen Pelvic Floor Muscles

<http://www.mayoclinic.com/print/kegalexercises/WO00119/METHOD=print>

MedlinePlus—Urinary Incontinence

<http://www.nlm.nih.gov/medlineplus/urinaryincontinence.html>

Parker, James N. and Philip M. Parker, eds. The Official Patient's Sourcebook on Male Urinary Incontinence. San Diego, CA: ICON Health Publications, 2004.

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Parker, James N. and Philip M. Parker, eds. The Official Patient's Sourcebook on Urinary Incontinence. San Diego, CA: ICON Health Publications, 2004.

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Safir, Michael H., Clay N. Boyd and Tony E. Pinson. Overcoming Urinary Incontinence: A Woman's Guide to Treatment. Omaha, NE: Addicus Books, 2008.

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Pettit, Paul, ed. Mayo Clinic on Managing Incontinence. Rochester, MN: Mayo Clinic, 2005.

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