



Anxiety & Depression Resources List

*Prepared by the Dana Medical Library for the
Community Medical School,
April 15, 2008*

American Medical Association. Essential Guide to Depression. New York: Pocket Books, 2000.

Dana Consumer Health Collection

WM 171 E78

American Psychiatric Association—Let's Talk Facts About Anxiety Disorders

<http://healthyminds.org/factsheets/LTF-Anxiety.pdf>

Appleton, William S. The New Antidepressants and Antianxieties. New York: Plume, 2004.

Dana Consumer Health Collection

QV 77.5 A6518n

Barnard, Martha Underwood. Helping Your Depressed Child. Oakland, CA: New Harbinger Publications, 2003.

Dana Consumer Health Collection

WM 171 B259h

Drummond, Edward. The Complete Guide to Psychiatric Drugs. New York: Wiley, 2006.

Dana Consumer Health Collection

QV 39 D795c

Golant, Mitch and Susan K. Golant. What to Do When Someone You Love Is Depressed. New York: Holt & Co., 1998.

Dana Consumer Health Collection

WM 171 G617w

Kaufman, Miriam. Overcoming Teen Depression: A Guide for Parents. Buffalo, NY: Firefly Books, 2001.

Dana Consumer Health Collection

WM 171 K21o

McLeod, Malcolm Noell. Lifting Depression. Laguna Beach, CA: Basic Health Publications, 2005.

Dana Consumer Health Collection

WM 171 M165

MedlinePlus—Depression

<http://www.nlm.nih.gov/medlineplus/depression.html>

MedlinePlus—Anxiety

<http://www.nlm.nih.gov/medlineplus/anxiety.html>

Morrison, Andrew L. The Antidepressant Sourcebook. New York: Main Street Books, 1999.

Dana Consumer Health Collection

QV 77.5 M878a

National Institute of Mental Health—Depression

<http://www.nimh.nih.gov/health/publications/depression/complete-publication.shtml>

Rabins, Peter V with Lynn Lauber. Getting Old Without Getting Anxious. New York: Avery, 2005.

Dana Consumer Health Collection

WT 150 R116g

Would you like to borrow any of the books
listed here?

Call the Dana Medical Library
at **656-2200** to acquire a

Consumer Health Borrower's Card today!